

THE COMMUNITY FOUNDATION FOR PLANETARY HEALING

Annual Report & Accounts 6 October 2024 – 5 October 2025

Charity Name	The Community Foundation for Planetary Healing
Registered Charity No.	SC034826
Company Registration	SC257126
Website	www.planetary-healing.org
Contact Email	holistic@planetary-healing.org
Reporting Period	6 October 2024 to 5 October 2025
OSCR Regulator	Office of the Scottish Charity Regulator (OSCR)

1. Trustees

Trustee Name	Role	Notes
Mark Halliday	Chairperson	Co-founder
Claudia Goncalves	Secretary	Co-founder
Mandy Peat	Treasurer	
Robert Alcock	Trustee	
Maria Garrido	Trustee	
Ruth Quigley	Trustee	
Irene Beldon	Trustee	

2. Structure, Governance & Management

Governing Document

Community Foundation for Planetary Healing is a registered charity and a company limited by guarantee incorporated on 6 October 2003 and is governed by its Memorandum and Articles of Association.

Membership of the Foundation is open to all persons irrespective of age, sex, ethnicity, nationality, disability orientation, religion or beliefs who apply for membership and are approved by the Directors.

Appointment of Trustees

The Trustees, who are also the Directors of the Company, are elected by the membership at the AGM and serve for a maximum of five years when they retire from

office. However, after their term of office has expired Trustees are eligible for re-election. The Trustees may at any time co-opt any person to be appointed as a Trustee to fill a vacancy in their number or as an additional Trustee, but a co-opted Trustee holds office only until the next AGM

Organisational Structure

The Trustees, who meet quarterly, are responsible for overseeing the running of the Company. A Project Development and Operations Worker (PDOW) is responsible for the planning, implementation and day to day running of the projects. A Project Development and Administration Worker (PDAW) is responsible for raising funds for the projects. Both positions are under the supervision of the trustees.

Risk Review

The Trustees keep the risks the Charity is exposed to under review and have adopted a number of policies and procedures, as far as possible, to minimise those risks.

3. Our Mission

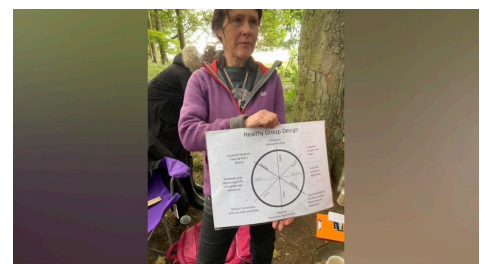
“Supporting individual, community, and planetary wellbeing through nature-based programmes”

People are our passion, the Earth our reason.

4. Charitable Purposes & Objectives

The aims and objectives of The Planetary Healing Centre revolve around three key pillars:

- Promoting holistic wellbeing – supporting individuals to overcome health and wellbeing challenges through connection with nature, community, and evidence-informed holistic practice.
- Connection with nature – offering diverse programmes, activities, and workshops that address physical, emotional, and mental dimensions of wellbeing, primarily through our community woodland in Balerno.
- Community empowerment – creating an inclusive space where people from diverse backgrounds come together, share wisdom, and support one another through collaborative projects, skill-sharing, and community events.



Report from the Chairperson

Report from the Chairperson

Every year, I sit down to write this letter and find myself thinking not about strategies or statistics, but about faces. About the quiet smile of someone who arrived nervous and left feeling held. About the child who ran through the woodland as though they had found their natural home. About the person who told us, in a whisper, that coming here had changed their life.

That is what the Planetary Healing Centre is, at its heart. Not a programme or a project, but a gathering of human beings who deserve to feel well, to feel seen, and to feel that they belong.

This year we delivered 77 events across 24 different programme types, had 672 bookings and 381 unique participants. Behind every single booking is a person who made the choice to show up — often despite going through enormous personal challenges in their life. I want to honour that courage. Coming through the door is not always a small thing. For many of our participants, it represents a real act of bravery, and we do not take that lightly.

Our woodland in Balerno continued to be a place of genuine healing. Whether through drum journeying, moon circles, family woodland days, or our nature connection gatherings, people found something here that is increasingly rare — stillness, community, and a sense of being part of something larger than themselves. I am endlessly grateful to our facilitators, who create these spaces with such skill, warmth, and devotion.

This year also brought yet again another moving experience in our charity's history. In September 2025, we welcomed again 3 Indigenous elders and a young musician from the Brazilian Amazon. To sit with them, to listen, to learn — and to watch our own community receive their wisdom with such openness and respect — was a gift beyond measure. These are relationships built on trust and on love, and they remind us that the healing this world needs crosses every border.

We also completed the third of our 4 Wells Project, bringing clean water to the Kaxinawa community of Belo Monte this year. Four wells. It sounds simple. But behind those wells are families, children, elders — people whose daily lives are now safer and healthier because people in Scotland care and the Purpose Earth Foundation chose to donate too. I am so proud of that.

To our funders who supported the community projects here — the Scottish Government via EVOC, Four Winds, the Mushroom Trust, Awards for All, Pentland Community Chest, and HDH Wills — thank you. Your support is what makes every session, journey and connection possible.

To our staff, volunteers, and facilitators — you are remarkable people. The love you bring to this work is visible in everything you do, and I see you.

And to every single person who has walked through our doors this year — thank you. You are the reason we are here. Every one of you matters, every story is sacred, and every step forward — no matter how small it may seem — is worth celebrating.

It is the greatest honour to serve this community. With deep gratitude and warmth,

Mark Halliday (Chairperson)



5. Activities and Achievements

5.1 Overview

This year our work brought together two interconnected areas:

- **Mental Health & Wellbeing:** We offered nature-based sessions that helped people reconnect with themselves, each other, and the natural world.
- **Climate Awareness & Action:** We worked alongside Indigenous communities and through local projects promoted ecological responsibility, resilience, and meaningful community-led responses to the climate emergency.

We prioritise accessibility, offering our services on a donation basis or free of charge to remove economic barriers. We work primarily with people experiencing financial hardship, mental health challenges and isolation, and those with caring responsibilities.

5.2 Events Delivered

During this reporting period, the Planetary Healing Centre delivered the following:

77	24	672	381
Total Events Delivered	Types of events below	Total Bookings	Unique Participants

5.3 Full Programme of Community Events

We delivered 77 individual events across 24 different event types, with the majority offered as series of 4 to 8 sessions each.

1. Circles for Women (New & Full Moon)
2. Circles for Men (New & Full Moon)
3. Autumn Equinox Community Fire x 1
4. Beltane Community Fire x 1
5. Cacao Ceremony x 1
6. Creative Power – Retrieving the Self into Creation
7. Dreamrealis – Dream Weaving
8. Drum Journeying: Exploring the Four Seasons
9. Embodying the Divine Feminine
10. Feather Stone: Practice for Wellbeing
11. Goddess Brighde Workshop – All Genders x 1
12. Home Education: Community Heritage (Parents & Children)
13. Introduction to Drum Journeying
14. The Medicine Wheel x 1
15. Mother’s Circles – With Baby Included
16. Movement & Sound Alchemy
17. Nature Connection Adventure – Home Education
18. Nature Connection: Community Gathering (Intergenerational)
19. PHC Staff: Facilitation for Facilitators
20. Indigenous Sacred Ceremonies
21. Samhain – Community Heritage x 1



- 22. Spring Equinox & Open Day x 1
- 23. Summer Solstice Community Fire x 1
- 24. Woodland Explorers – Family Days

5.4 Community Forest School Partnership

During this reporting period, two Forest School practitioners – members of the local community – have been using the charity’s community woodland in Balerno free of charge to deliver Forest School sessions open to the wider community. Both practitioners hold their own public liability insurance. The Planetary Healing Centre is pleased to support their work by providing free access to the woodland, in recognition of the valuable community benefit these sessions provide.

6. Indigenous People Project

6.1 The 4 Wells Project

We continued our commitment to supporting Indigenous communities in Brazil through the 4 Wells Project.

- In 2025, the third well was completed during the dry season in Brazil, the most suitable time for this work.
- Clean water access was improved for the Kaxinawa community of Belo Monte this year benefiting 48 families being a total of 222 people.

“The kindness and solidarity of the people in Scotland are helping bring life-sustaining change to these beautiful communities. From the bottom of our hearts, thank you for walking this journey with us.”

We would like to express our heartfelt gratitude to all members of the community who made donations in support of the 4 Wells Project, including those who contributed anonymously. Your generosity and solidarity are making a tangible and lasting difference to the lives of Indigenous communities in Brazil.

6.2 Cultural Exchange project

In September 2025, a delegation of three Indigenous elders and two young people from the Brazilian Amazon visited Scotland. The purpose of the visit was to share ancestral wisdom, teachings, and traditional medicinal knowledge with Scottish communities, and to raise funds for vital infrastructure projects in their home villages.

Outcomes included a deeply enriching experience that fostered mutual respect, learning, and cross-cultural connection between Scottish and Indigenous communities. Raised awareness of Indigenous knowledge, the devastation of the Amazon and promoted cross-cultural solidarity.



“This exchange was transformative — inspiring both communities, sharing knowledge, and creating long-lasting relationships across continents.”

6.3 Additional Support to Indigenous Communities

Beyond the wells infrastructure work, the charity has also provided direct humanitarian assistance to an Indigenous community in Brazil. During this reporting period, this support included the provision of medication, the construction of two homes, and the supply of food.

7. Learning & Reflection

Through our monitoring and evaluation activity this year, we identified the following key learnings:

- Supportive, welcoming spaces are essential to participant engagement and wellbeing outcomes.
- A diverse programme increases reach and engagement across the community.
- “By donation” enables participation, specially for those experiencing financial hardship.
- Mid-life adults are especially engaged with our programme.
- Women represent the majority of our participants (71%).
- Many participants face ongoing and complex wellbeing challenges.
- Our work complements and adds value to statutory and third-sector services.
- Facilitator support and peer supervision enhances programme quality.
- A sense of inclusion and belonging encourages continued engagement.
- Strong outcomes were achieved despite reduced funding, demonstrating the resilience of our model.

8. Our Funders

We are grateful to the following funders whose support made our work possible during this reporting period:

- Scottish Government / EVOC – ECMHWF
- Four Winds
- Mushroom Trust
- The NL - Awards for All
- Pentland Community Chest
- HDH Wills
- Stafford Trust
- ECCAN
- Purpose Earth (for the indigenous project)



We would also like to extend our sincere thanks to all individual donors who have supported our work throughout this period. In particular, we are deeply grateful to an anonymous donor who have given an considerable donation for the well project in February 2025. Also to Theresa Mckirdy for her monthly donation of £50 in support of the Planetary Healing Charity. This kind of sustained personal commitment means a great deal to us and makes a real difference to the work we are able to carry out.

09. Financial Review

09.1 Financial Summary

	2024–25 £	2023–24 £
Total Income	76,445	59,212
Total Expenditure	76,347	52,448
Net Income / (Expenditure)	98	6,764
Funds Brought Forward	32,336	25,572
Total Funds Carried Forward	32,434	32,336

In the 12 months covered by this report, the Foundation received income totalling £76,445 from grants, charitable activities and donations. The total expenditure was £76,347 resulting in a surplus for the year of £98. The surplus was added to reserves brought forward from the previous year so that at the 5 October 2025 the Foundation held total funds of £32,434. These funds consisted of £10,920 in unrestricted funds and £21,514 in restricted funds.

09.2 Reserves Policy

The trustees aim to maintain unrestricted reserves equivalent to three months’ operating expenditure. This level of reserves is considered sufficient to allow the charity to manage unexpected shortfalls in income, meet its obligations to staff and creditors, and continue delivering services to participants while alternative funding is secured.

At the 5 October 2025, the Foundation held free reserves of £10,920 (unrestricted) and £21,514 (restricted) and had met the trustee's target.

09.3 Going Concern

The trustees have reviewed the charity’s financial position and are satisfied that, taking into account confirmed and anticipated funding, the charity has adequate resources to continue its operations for the foreseeable future. Accordingly, the financial statements have been prepared on a going concern basis.

10. Future Plans

Looking ahead, the Planetary Healing Centre has identified the following key priorities:

- Apply for Strengthening Organisations funding with the National Lottery to build capacity, resilience, and long-term sustainability.
- Deliver a pilot project: Growing Food at Home – empowering people to grow and harvest food, promoting food security, wellbeing, and climate resilience.
- Develop partnerships with like-minded organisations and charities to create opportunities for collaboration, shared learning, and broader community impact.

- Create a three-year funding strategy to ensure financial sustainability and support programme growth.
- Strengthen relationships with current funders, maintaining trust, transparency, and alignment with shared goals.
- Continue our projects with communities in Scotland and continue supporting Indigenous communities.

11. Trustees' Declaration

The trustees of The Planetary Healing Centre confirm that this Annual Report has been prepared in accordance with the requirements of the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006, and OSCR's guidance for charities.

The trustees confirm that:

- The information in this report is a fair and accurate account of the charity's activities during the reporting period.
- The accounts accompanying this report give a true and fair view of the financial position of the charity as at 5 October 2025.
- At the time of approval, the trustees are not aware of any matter which would affect the charity's ability to operate as a going concern.

Approved and signed on behalf of the Board of Trustees:



<p>Name: <i>Mark Halliday</i></p> <p>Position: Chairperson (co-founder)</p> <p>Date: 01/05/2026</p>	<p>Name: <i>Claudia Goncalves</i></p> <p>Position: Secretary (co-founder)</p> <p>Date: 01/05/2026</p>	<p>Name: <i>Mandy Peat</i></p> <p>Position: Treasurer</p> <p>Date: 01/05/2026</p>
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